

**Allisun M. Noe, Psy.D.**

Description:

Relational, psychodynamic, and cognitive psychotherapy for eating disorders with awareness of the mind-body connection. I believe distress is rooted in disconnection from one's authentic self and patterns of relating with others. Each client brings everything that is needed to heal and grow. Therapy is about clearing obstacles, connecting to a healthy and true "core self", and discovering new ways of feeling, expressing oneself, and relating to others.

Country: USA

City: Chicago and Naperville

Zip: 60640, 60653

Website: <http://claruscenter.com>