

NAN LEHMANN, MSW, LCSW

Description:

Nan is a licensed psychotherapist in Bergen County, New Jersey. For more than 15 years, she's specialized in the treatment of eating disorders including body dissatisfaction and difficulties with weight loss, as well as anorexia, bulimia, and compulsive overeating. She also volunteers as a professional leader for eating disorder self-help groups. In her practice, Nan provides individual, couples, and family therapy for men, women, and adolescents. She offers a warm, supportive environment where clients can feel safe and accepted. Along with matters of food and weight, individuals find help in dealing with the issues, feelings, thoughts, and behaviors that contribute to their eating disorder. Treatment is individualized to the needs of each client - utilizing both psychodynamic and cognitive behavioral therapy. When appropriate, services are coordinated with a registered dietitian, physician, &/or psychiatrist.

Country: USA

City: Teaneck

Zip: 07666

Website: <http://>