

## **ATLANTA DIALECTICAL BEHAVIOR THERAPY CENTER**

### Description:

We are intensively trained DBT therapists trained by Dr. Marsha Linehan, and her team. We have a complete 4 component protocol DBT program that specializes in treating the multi-disordered patient. We teach skills training classes in mindfulness, emotion regulation, interpersonal effectiveness, and distress tolerance.

Country: USA

City: Atlanta

Zip: 30071

Website: <http://atlantadbtc.com>