

## **The Transformation Center**

### **Description:**

The Transformation center offers and integrated approach to the treatment and prevention of eating disorders. We combine traditional psychotherapy with medical, nutritional, and mind-body connection therapies such as movement therapy, Pilates, Yoga, Conditioning, massage. Trager work etc. in a team approach. We bridge the gap between local psychotherapy treatment by itself and full residential treatment programs. We have a staff of 14 and a facility that allows on-site treatment for all our therapeutic approaches.

Country: USA

City: Memphis

Zip: 38018

Website: <http://fitforlifememphis.com>