

## **ALLGIRL**

### Description:

Eating Disorder Prevention Program....A Self esteem/Healthy body image workshop for the pre-teen female (10-13 years old) Inspirational teaching by 2 nurses with MA's in counselling Psychology on nutrition, fun in exercise, great skin and hair tips, critical media awareness skills, healthy body image and so much more

Country: Canada

City: Vancouver

Zip: V7G 2K1

Website: <http://www.allgirl.ca>