

Kara Bazzi, MS, LMFT

Description:

My practice is based on a biopsychosocialspiritual approach. I offer individual therapy, family therapy, and group therapy. I strongly believe in collaborating with other professionals, therefore I work closely with a dietitian and am committed to making appropriate referrals to medical doctors and psychiatrists. Coming from a collegiate athletic experience, I specialize in working with athletes around disordered eating and body image. I use multiple treatment modalities in order to honor the strengths and gifts of my clients. Practice near University of Washington and Seattle Pacific University

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