

Amy S. Combs, PsyD

Description:

I am a clinical psychologist who specializes in helping clients with disordered eating. I enjoy working with clients struggling with Anorexia Nervosa, Bulimia Nervosa, and Binge Eating Disorder. Although currently in private practice, I have recently been the coordinator of an Intensive Outpatient Program at a nationally recognized center for the treatment of eating disorders. I enjoy working with individuals who have recently developed an eating disorder as well as individuals who have been struggling for many years. In therapy, I utilize both cognitive-behavioral and insight-oriented interventions with the goal of empowering clients to make the difficult changes necessary to recover.

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