

## **Colchester Eating Disorders Support Centre**

### **Description:**

Registered Charity Number 1061652 Colchester Eating Disorders Support Centre aims to provide an holistic, supportive environment for individuals with eating disorders, their family and carers, focusing on self help and user empowerment. We offer a daily programme of therapies, counselling, groups, self help groups, art and craft, womens group, meditation and relaxation and we produce our own magazine. We also offer a drop-in facility, a library and are open 6 days a week, 9.30am till 6pm and on Wednesdays until 9pm. Our services are free to sufferers and carers.

Address Line 1: 15 Queen Street

Country: Croatia

State: Non US Can. UK

City: Colchester

### **Website:**

<http://www.colchestereatingdisorders.org.uk>