

Bridget O'Donnell-Morpurgo, MFT

Description:

lic #MFT40447I offer individual, couple, family, and group therapy for the treatment of eating disorders, as well as related issues of depression, anxiety, loss of self, emotional numbing, spiritual crisis, abuse, and the many other issues and feelings that individuals with eating disorders often suffer with. NEW THERAPY GROUPS ARE FORMING NOW! Anyone interested in joining a therapy group may call or email for more information. The fee is \$25 per weekly group session, and I also offer a sliding fee scale for individuals with financial need. Group therapy provides a safe space for connecting with others to give and receive support, work on or fine-tune issues, and evolve personally. Group interaction can be an important adjunct to individual therapy, and it can also be helpful on its own. If you are interested in individual or group treatment, or want more information about either, please call or email me and I promise you a prompt response.

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